



MY ASCENSION

A film to spread hope and fight suicide

**"This film is
changing lives!"**

Heather McLean, Mental Health America, SWPA



Idaho Virtual Screening Event

Tuesday, September 14th

6 - 8:30pm - Mountain Time

The Film

A suicide attempt left 16-year-old varsity cheerleader, Emma Benoit, paralyzed, but propelled her on a mission to use her painful experience to **help others find hope and stay alive.**

MY ASCENSION is a feature length documentary that chronicles Emma's inspiring journey and quest to walk again, as she works to bring Hope Squad, a school-based suicide prevention program, to Louisiana.

The film also highlights the stories of two remarkable young people who tragically did not survive their attempts, and we learn first-hand from their families, friends, school officials and suicide prevention experts about the devastating effects of suicide and **what can be done to prevent it.**

**The 90 minute film screening will be followed by an important
dialogue related to preventing youth suicides in Idaho.**

Speakers include: Emma Benoit, Shannon Decker, founder of The Speedy Foundation, Dr. Greg Hudnall, founder of Hope Squad, filmmaker Greg Dicharry and members of Hope Squad, Youth Move Idaho and The Warr;ors Project youth groups.

Register Now for this Free Event

<https://watch.showandtell.film/watch/idaho>

**HOPE
SQUAD**

**The Warr;or
Project**



**Magellan
HEALTHCARE**

iff
Idaho Federation of Families
for Children's Mental Health



**Recovery
IN MOTION**
LOVE YOUR LIFE AGAIN.

“ A must watch for parents of teens and anyone working with teens. ”
Emma's ability to tell her story in such an honest way creates a space for
others to speak freely about their own issues with mental health.

Candice Feinberg, PSY.D, Executive Director, ROWI Teen & Family Wellness Center

www.MyAscension.us