

**STAY HOME
for MY LIFE
VIRTUAL
YOUTH
FEST**

**GETTING HELP
&
HELPING OTHERS**

**Thursday, October 28, 2021
6:00-7:30 p.m. Eastern**

Inspirational speakers, uplifting entertainment, fun activities and information on a variety of topics important to youth.

Stay Home for MY LIFE is an inspiring online event designed for youth and young adults who have experience with mental health, substance use, foster care and/or other challenges.

These amazing speakers will share their personal recovery stories and experience with helping others find hope and healing:

- **Cody Gautreaux**, co-owner, The Grove Recovery Center
- **Lorin Gehring**, mental health innovator and advocate
- **Elijah Lucas**, mental health and foster care advocate

Free Event

Registration is required

<http://bit.ly/mylife2021>



For more information, contact:

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or visit [Facebook.com/mylifeyouth](https://www.facebook.com/mylifeyouth)



*National Federation of Families
for Children's Mental Health*

**Magellan
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