

## Social Status: Keeping a Safe and Healthy Relationship with Social Media



By now, most people understand the benefits and perils of social media. While staying connected and informed is quite convenient today, staying safe remains vital. Register for this webinar to:

- Understand the algorithm and why you see specific content.
- · Recognize how to identify reliable, verified information.
- · Know when it's time to take a break from social media.

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