



Webinar Series **Presents:**



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Food Insecurity Webinar

APRIL 7, 2022 | 1PM - 2PM EST

Hosted by:



Webinar Speakers



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A Closer Look at Food Insecurity

Food security requires ongoing access to nutritious meals. This is fundamental to a family's overall health and wellness. With today's economic challenges, more families are facing financial hardships, making it difficult to access healthy meals and maintain a high level of food security.



In this webinar, we will discuss the impact of food insecurity on civilian and military families, and provide practical guidance on connecting families with viable resources.

- ▶ Properly identify food insecurity on the hunger spectrum
- ▶ Acknowledge food insecurity prevalence across civilian and military families
- ▶ Discuss the stigma associated with help-seeking behavior
- ▶ Distinguish casual inquiry versus formal screening of food insecurity
- ▶ *And more!*

This is a free webinar open to the public. To join, follow these three steps:

- 1** Visit <https://mfed.info/food-insecurity-2022>
- 2** Complete the online registration form and click Register
- 3** Add the reminder to your calendar (included in the confirmation email)

Read more about Food Insecurity on our Insights Blog: <https://mfed.info/insights-foodinsecurity>