



eMbrace

Magellan  
HEALTHCARE®

## A total wellbeing solution to drive enterprise growth

eMbrace, an industry-first total wellbeing solution, guides employees and their household members to specific services they can use to advance the quality of their lives. eMbrace uses a balance of high-touch and high-tech resources in a personalized plan that helps everyone improve their wellbeing. When employees know you truly care about their overall wellbeing, they are more engaged, work smarter, produce better results and stay longer. [Learn more.](#)



# Intentionally investing in wellbeing at work is a strategic imperative for organizations and leaders.

Why? Because thriving employees miss 53% fewer work days than those who are struggling or suffering. Because disengagement at work can predict resignation. And because thriving managers' teams are 15% more productive, are more creative and work harder.


## How can eMbrace help?

eMbrace is a groundbreaking employee assistance solution from Magellan Healthcare engineered around six elements of wellbeing: emotional, career, social, financial, physical and community. This approach, a product of The Magellan-Gallup® Wellbeing Project, is science backed, data driven and clinically grounded. Whether your employees are thriving, struggling or suffering, eMbrace offers them a personalized, dynamic and effortless experience.

[MagellanHealthcare.com/eMbrace](https://MagellanHealthcare.com/eMbrace)

## Learn more about eMbrace


 eMbrace Overview

 The 6 Elements of Wellbeing

 Gallup® Wellbeing Survey

 Mia and the Wellbeing Navigator

 Suicide Prevention

 Value Realization Guide

 Vignette: Andrea is Thriving

 Vignette: Muhammed is Struggling

 Vignette: Ethan is Suffering