**EMAIL:** Email - President's reminder email #1 to all employees

**PHASE:** II. Launch

**WHEN TO SEND:** Week 3 launch

**ATTACHMENT(S):** Member FAQs, Flyer: The Six Essential Elements of Wellbeing, Flyer: About the Gallup Wellbeing Survey, Flyer: Understanding your Survey Results

**SUBJECT LINE:** Don’t forget to take the Gallup® Wellbeing Survey!

**CONTENT:**



**Don’t delay - take the Gallup® Wellbeing Survey today!**

The eMbrace total wellbeing solution empowers you with a personalized, guided experience to advance the quality of your life.

Get started by registering at [[Member.MagellanHealthcare.com](http://www.member.magellanhealthcare.com)](https://bhp-prod.kashyyykprod.magellanhealth.com/?cid=20746) and taking the **Gallup® Wellbeing Survey**. The Survey measures wellbeing in six areas: career, social, financial, physical, community and emotional. Once you complete it, you’ll get a personalized plan with recommendations to help you build a thriving life, resilient mind and healthy body.

eMbrace is confidential and available to you and your household members.

For more information about the Survey, see the attached flyers:

* Gallup® Wellbeing Survey
* Understanding your Survey results
* The six essential elements of wellbeing

Be on the lookout for more information as we continue to share details about this amazing new benefit.