**Subject Line:** Magellan Bulletin - September 2022 Momentum Engagement Campaign and Webinars

**Email content is below.**

**Monthly Theme – Employees**

**Knowing the signs of crisis**

A mental health “crisis” is generally a dramatic change in behavior that prevents someone from functioning as usual, or they express that they may harm themselves or others. If you observe such alarming behaviors in someone, it’s important to engage that person in discussion about their condition and help arrange immediate assistance for them. Learn more in this month’s newsletter.

**Monthly Webinar – Employees**

**Suicide Risk: Awareness and Prevention | September 14**

Join this webinar to:

* Define the warning signs of suicide.
* Discuss how to speak to someone about suicide concerns.
* List resources and how to get help.

[**Register here**](http://magellanhealth.adobeconnect.com/e4xaisvyybno/event/registration.html)

**Monthly Theme – Managers**

**Improving your team dynamics**

“Team dynamics” may not be easy to define, but can simply be viewed as the ways in which colleagues interact. A positive, collaborative dynamic will get the best out of each team member regardless of their work style. Learn more in this month’s newsletter about how to help steer the group dynamic in a positive direction.

**Monthly Webinar – Managers**

**Creating an Environment Where Positive Relationships Thrive | September 28**

Join this webinar to:

* Define positive relationships and why they are important at work.
* Discuss ways to deal with team conflict and manage difficult feelings in the workplace.
* Identify how to handle difficult or uncivil customers/clients.

[**Register here**](http://magellanhealth.adobeconnect.com/enm6hftda6sc/event/registration.html)

**Financial Wellbeing Monthly Webinars**

**Planning for College 101 | Tuesday, September 13**

Register here: [9 am PT](https://mysecureadvantage.zoom.us/webinar/register/4716458217422/WN_jFdY2GNZTn694RwhPtJDJQ) | [12 pm PT](https://mysecureadvantage.zoom.us/webinar/register/7516458220701/WN_qtySOrDQStGjSQv8Bt4E7w)

With college costs continuing to rise, it’s imperative to plan for funding your college savings goals. Examine different types of college savings accounts and the financial aid process.

**Student Loan Repayment Strategies | Thursday, September 22**

Register here: [9 am PT](https://mysecureadvantage.zoom.us/webinar/register/5216474452130/WN_WfQEZgGNT-SO54FxmYdcgg) | [12 pm PT](https://mysecureadvantage.zoom.us/webinar/register/5816474458507/WN_ilzyxCXUTaGvb8vLx0NnMA)

Learn about student loan repayment options. Review repayment options for federal and private loans, including how to reduce monthly payments or pay off loans faster.