

Understanding substance misuse



If you or someone you know struggles with substance misuse (drugs or alcohol), recovery is possible. Register for this live webinar on Wednesday, October 12 at 1:00 pm CT to:

- Define addiction and the warning signs of substance misuse.
- Determine when it's time to seek help; reaching out is an important first step.
- Examine the resources that can help with recovery.

Call your Employee Assistance Program at 1-800-450-1327 (TTY 711) or visit Member. Magellan Healthcare.com (enter Principal Core) for helpful resources.