

Work-Life Services

Now more than ever, employees value working in an environment that supports work-life balance. With the boundaries between home and work blurring due to constant connectivity and more people working remotely, employees are experiencing a rise in burnout and other mental health issues.¹ eMbrace, our integrated solution for employee and organizational wellbeing, is immediately relevant to this issue and includes Work-Life Services to help your employees manage today's challenges.

Work-Life Services gives your employees 24/7 access to highly trained, caring specialists for help with daily stressors and major life events. Specialists save employees time and money by matching them with high-quality solutions and providers.

Supporting employee work-life balance

Employees can get help with:

- ✓ Locating childcare providers
- ✓ Matching elderly loved ones with housing options
- ✓ Finding qualified, prescreened home improvement and repair specialists
- ✓ Planning birthday parties, weddings and other events
- ✓ Preparing for college and researching financial aid
- ✓ Managing career, legal and financial issues

Employees also receive access to interactive online support tools and educational content, including thousands of articles, practical tips, podcasts and more.

Support you can count on

When employees feel overwhelmed by work and personal challenges, they are less productive. Work-Life Services can help reduce employee stress, distractions and absences. It's a win-win for your organization.



Ready to talk to someone about transforming your employee experience?
Visit MagellanHealthcare.com/eMbrace or email MHCinfo@MagellanHealth.com.

1. [forbes.com](https://www.forbes.com)