September is Suicide Prevention Awareness Month

Say more, save a life

Talking about suicide is very important if you are worried about someone who may be struggling. Having an open, supportive conversation can be a lifeline for a person who's thinking about ending their life.

For immediate support, call or text the 988 Suicide and Crisis Lifeline.

Help is available. Contact your Employee Assistance Program at 1-800-356-7089 (TTY 711) or visit Member. Magellan Healthcare.com.

