

A collection of five colorful triangles (blue, purple, green, yellow, and orange) arranged in a cluster on the right side of the image.

WELLBEING TIP: Give your eyes a rest. Reduce the risk of tired eyes by looking away from your computer for at least 20 seconds in 20-minute intervals.

Call your Employee Assistance Program at 1-800-356-7089 (TTY 711) or visit Member.MagellanHealthcare.com for helpful resources.