



# National Depression and Mental Health Awareness and Screening Month

Depression is a complex condition that can affect people no matter their age, gender, race or life situation. It's a chemical imbalance that needs immediate medical attention.

Help is available. Your Employee Assistance Program is completely confidential and available 24/7/365. Give us a call at 1-800-450-1327 (TTY 711) or visit [Member.MagellanHealthcare.com](https://Member.MagellanHealthcare.com) (enter Principal Core) to get started.