

Depression is real, common and treatable. Recovery is possible.

SYMPTOMS



Isolation





\$ \$ \$

Trouble sleeping



Anger or sadness

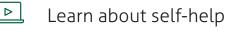
WHAT YOU CAN DO



See your doctor or contact your program



Get screened



Help is available. Contact your Employee Assistance Program at Member.MagellanHealthcare.com or 1-800-356-7089 (TTY 711).